



St. Michael and All Angels Episcopal Church

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THE RECTOR'S REFLECTIONS

Grace and peace,

I pray that this newsletter finds you well in the middle of this Lenten season, and that God's grace and redeeming love is finding you in this time of reflection, repentance, and renewal as we prepare for the great Paschal feast.

While we are in the middle of the Lenten season, we will be in the Easter season by the end of the month. I encourage you to take note of the services that we will have leading up to the time of Easter. Easter Sunday is one of the most celebratory moments of the liturgical church year, but Holy Week is one of the most powerful. Each year, Christians are encouraged to attend, when possible, the services of Holy Week. The moving story of Jesus's entrance into Jerusalem, his time of trial, and the suffering he faced for each of us is at the very heart of what shapes and forms us as his followers, and importantly, at the very heart of what *redeems us*. Dates and times of our Holy Week services can be found in this issue of The Herald.

I am excited to announce officially, here for the first time in writing, that we have a new addition to the St. Michael's staff and team. Karen Richards, who many of you know, will be coming on board as the Rector's assistant and church receptionist at St. Michael's. Karen is a faithful member of our congregation with a background of skills and experience that will serve her and us well in this position. She has a heart for the church and for serving Christ. We are incredibly blessed to have her. I encourage you to read more about Karen in a short bio of her that is included here in this issue of The Herald. I want to give a huge thanks to Jackie Adkins, Colleen Fontenot, and Tommie Schweitzer for the time you each have voluntarily given to manage things in the office during this interim period. It has been such a pleasure to have your presence here.

Last but certainly not least, I give a huge Thank You to all who helped with the current Lenten series "Lent with the Saints". I pray that these sessions have been inspiring for all who have been attending. We will have three more this month. I am very excited about our last session

The Herald

March 2024

WORSHIP SERVICES

SUNDAY

Holy Eucharist

8:00 am & 10:30 am

FOR THE KIDS

Sunday Nursery

(newborn to kindergarten)

7:45 a.m. – 11:30 a.m.

Godly Play

K - 5th grade

9:15 a.m. - 10:15 a.m.

WEDNESDAY

Holy Eucharist

10:30 a.m.

Chapel of the Risen Christ

BISHOP

The Rt. Rev. Jacob Owensby
Episcopal Diocese of Western Louisiana

RECTOR

The Rev. Andrew Christiansen

Charlie Adkins, Sr. Warden
Jeff Schweitzer, Jr. Warden
Avery Cook, Jr., Treasurer
Paul Burgess, Canterbury House
Chaplain
Karen Richards, Admin Assistant
Susan Arrington, Music Liturgist
Camryn Clements, Choir Director
Stasha Bell, Outreach Ministry
Coordinator
David Ritchie, Videographer
Betsy Stoupy, Children's Ministry
Kathy Tell, The Herald & Website
Faye Cook & Wanda Alexander, Altar
Guild

VESTRY

2024

Heather Guidry
Stasha Bell
Charlie Adkins
Randy Venable

2025

Harriet Green
Jeff Schweitzer
Kathy Tell
Kay Vanchiere

2026

Nancy Cook
Colleen Fontenot
Matthew Lovejoy
Lisa Sober

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Submit articles to [kathytell7\(at\)gmail.com](mailto:kathytell7(at)gmail.com)
All materials are subject to editing.
Submission Deadline: Monthly on the 22nd

where we will be joined by guest Dr. Sarah Hinlicky Wilson. Sarah is the daughter of the internationally known Lutheran theologian and author Paul Hinlicky whom I have had the great honor of being a student of in my own doctoral program. While Sarah is in Tokyo, Paul is in Virginia, and I'm in Louisiana, interestingly enough, we all have a connection to Saginaw, MI. Paul's wife (Sarah's mother) grew up at Peace Lutheran School where I also attended Pre-K through 8th grade, and her best friend growing up was the mother of my best friend growing up! And funny enough, her father (Paul's father-in-law, Sarah's grandfather) was a teacher there (same last name as me but of no relation). And even more funny enough, I had no idea of any of this until a couple of years ago when I started studying under Paul. Sarah will be giving us a talk in our last session on what being a saint and living the life of a saint is all about (and how that may differ from how we may often think about it).

Wishing you all a blessed Lent... and a Happy Easter!

In Christ,

Fr. Drew

MEET THE NEW ADMIN ASSISTANT TO THE RECTOR!

Karen Richards is a cradle Anglican, christened and baptized in Harare, Zimbabwe and confirmed at St Thomas' Durban, South Africa. Karen is originally from South Africa where she has lived most of her life; having also lived and worked in the United Kingdom. Lake Charles and St Michael & All Angels is her new home; of almost five years.



Karen has a Bachelor's degree in History and Politics; and a diploma in Organizational Management from the University of Cape Town. She has worked in Public Relations and Communications most of her career. .

Karen is married and the proud mother of two high school age sons - Alexander and Samuel. In her spare time, Karen enjoys supporting her sons in their education and sports. She loves traveling, reading, cooking, swimming, tennis, and yoga.

Karen has packed an Operation Christmas Child Santa Shoebox or two; and continues working in this ministry at St Michael & All Angels. Her love for the OCC ministry was started in South Africa.

You will see Karen in the office at St. Michael's starting in May, after she is finished with her current work as a Pre-K Aide. However, she will be doing our weekly e-communications and Sunday bulletins starting now. She is thankful, excited, and greatly looking forward to being a member of the staff here at St. Michael's.

Sunday Christian Ed. Series

Walk in Love

Episcopal Beliefs & Practices

During March, we will be doing a study on portions of the book *Walk in Love: Episcopal Beliefs & Practices* by Scott Gunn & Melody Wilson Shobe. Copies are available for purchase on Amazon or Forward Movement.

Sundays, 9:30 am (March 3rd-24th)
Church Library

*A recap offered on Wednesday mornings, 9:30 am

MARCH Birthdays

- 2 Kathy Miller
- 3 Susan Arrington
- 6 Paul Kitt
- 14 Carole LeBlanc
Stasha Bell
Sylvia Owen
- 21 Hannah Sober
Kandy Moreno
- 22 Catherine Parrino
- 24 Kate Bergstedt
- 25 Tore Carlberg
- 28 Tara Parsons

Canterbury Friday Lunch ~ Noon - 1:30 p.m.

Homecooked, Tasty & Free

FRIDAY MARCH 1ST

FRIDAY MARCH 8TH

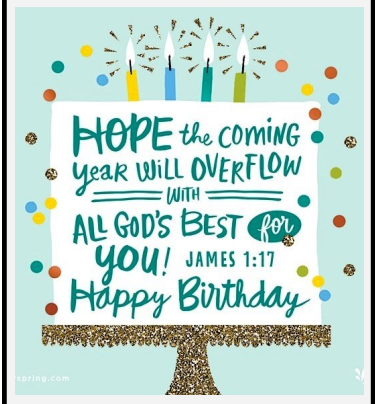
FRIDAY MARCH 15TH

FRIDAY MARCH 22ND

FRIDAY APRIL 5TH

FRIDAY APRIL 12TH

Parishioners can sign up in the Narthex if they'd like to help furnish part of a meal for McNeese students.



Lent with the Saints

Dinner and Discussion Series

Wednesdays, 5:30 pm

Feb. 21-March 20

St. Michael & All Angels Parish Hall

In conjunction with:

LENT
MADNESS
lentmadness.org

March 20

5:30 pm

St. Michael's



The Rev. Dr. Sarah Hinlicky Wilson will be joining us for the last session of "Lent with the Saints" to present a talk about saints and sainthood. Dr. Wilson has written a lot on this and a variety of theological topics. She lives in Tokyo where she is the pastor of Tokyo Lutheran Church. She holds a PhD from Princeton and has taught courses all over the world. She hosts, along with her father Dr. Paul Hinlicky, the podcast Queen of the Sciences. You can read more about her at www.sarahhinlickywilson.com



OPERATION CHRISTMAS CHILD

Come celebrate the success of Operation Christmas Child 2023 at a celebration hosted by the SWLA OCC Area Team. Everyone who gave time and helped us pack - whether it was boxes, cartons, helped with logistics or gave to our ministry! **Everyone is invited to "Shoebox Nation SWLA" on Saturday, March 16 | 10:00 am - 12:00 pm | St Michael & All Angels**

Parish Hall.

Please pray this Texas / Louisiana OCC area verse and join us for our monthly workdays, as we kick off Operation Christmas Child for 2024. *Mathew 9: 37-38* "The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into His harvest field."

During March month we are requesting donations of WOW toys such as baby dolls, cars, trucks and balls for boys and girls aged 2-4 years. We would also like to request should you have any beads left over from Mardi Gras to donate them to OCC. All items can be brought to the Parish Hall and placed in the basket alongside the piano.

For further information on the OCC ministry for 2024 you are welcome to speak to Nancy Cook, Kandy Moreno, Karen Richards or Clara Heard.

Thank you for all the ways you support this Parish Ministry. It's a joy and a blessing to serve God with you.

EPISCOPAL CHURCH WOMEN (ECW)



- ◆ Nancy Cook and Colleen Fontenot are working to put together a Women's Retreat for the Episcopal Churches in our Diocese. More details will be shared as plans are finalized.
- ◆ Please consider volunteering for a 3-month Baptism and Funeral contact. Sign-up sheet is in the Narthex.
- ◆ Our Church hosts a variety of events throughout the year and some of the tablecloths needed to be replaced. ECW recently purchased a set of sage green tablecloths. If you wish to support adding future tablecloths or table decorations, any monetary donations are appreciated.
- ◆ **The next ECW meeting is scheduled for Tuesday, March 12 at 12:00 pm in the Parish Hall.**

N. T. WRIGHT
FOR EVERYONE
BIBLE STUDY GUIDES

HEBREWS
13 STUDIES FOR INDIVIDUALS AND GROUPS

N. T. WRIGHT

**MEN'S BIBLE STUDY
WEDNESDAYS
8 AM**

In March, we will begin
Hebrews for Everyone
by N.T. Wright

"For many Jewish Christians of the first century, living in the light of the gospel was challenging. Having accepted Jesus as the long-awaited Messiah, they were regarded by still-skeptical family, friends and neighbors as dangerous, misguided and even disloyal to all that God had said earlier on. The letter to the Hebrews was written to show that you can't go back to an earlier stage of God's purposes but must press on eagerly to the one that is yet to come."

**PALM
FOLDING**
MARCH 23
@ EPISCOPAL CHURCH
OF THE GOOD SHEPHERD
10:30 AM

ENTER THROUGH THE FRONT
DOOR OF HARDTNER HALL

Meet St. Michael's 2024– 2026 Vestry & Delegates to the 2024 Diocesan Convention.



NANCY COOK has been a member of St. Michael's since 1991. She and the five kids came as a package deal when Rev. Peter Cook became rector of St. Michael's! She taught at Sam Houston High School until 2003 when she joined the faculty of McNeese as a Spanish professor. St. Michael's loved and supported the Cooks through all their family challenges and traumas. Peter and Nancy chose to stay in Lake Charles after his retirement in 2014. Peter went to be with the Lord in February 2023. His remains rest next to that of their son James in the chapel. St. Michael's has been and still is family to the Cooks.



COLLEEN FONTENOT is a cradle Episcopalian baptized in San Antonio, confirmed in Prattville AL and a member of St. Michaels since 1988.

"I love this church and my church family. I love growing in faith through our various programs, church services and in being an active participant in several of our ministries throughout the years. My husband, Ron, and I have been married for forty years. I have two children (one deceased), six grandchildren and one great granddaughter. My deepest love is in spreading the Gospel of Jesus Christ and cannot express strongly enough for all to dedicate whatever time, talent, and treasure they may have to our Lord and Savior."



MATTHEW LOVEJOY is a lifelong resident of Sulphur. He graduated from Sulphur High School in 2008 then attended McNeese State University where he earned his bachelor's in nursing. He worked in the Emergency Room for 7 years before earning his master's in nursing from McNeese in 2020. Matthew currently works in rural health helping the community of Hackberry. He also continues to work in the ER on occasion and Urgent Care on weekends. He is an active member of the American Association of Nurse Practitioners and plans on attending the 2024 national conference in Nashville TN. Matthew has been married to Ashley Lovejoy since January 2014, and they have two children: Wyatt (7) and Walker (3). Matthew enjoys fishing and spending time with his family and extended family. Matthew is a cradle Episcopalian; he was raised at Holy Trinity in Sulphur but has been attending St. Michael's since 2019 where he has found his new home.



LISA SOBER was born and raised in Baton Rouge where she was a Southern Baptist. She studied piano at McNeese with Dr. Fred Sahlmann and earned a bachelor of music degree in piano pedagogy, and master of music in piano performance from MSU. She is married to Michael and has three daughters, Analynn, Hannah, and Sarah.

"I am a self-employed nationally certified piano teacher with a full studio, and am active in LCMT, LMTA, MTNA and NFMC. For over 30 years Michael and I have been members of the LA Choral Foundation. Served as organist/choir director for St. Andrew's in Moss Bluff, where I was confirmed. I visited St. Michael's in 1994, I knew this was our church "home" because the presence of the Holy Spirit and opportunities for ministry. Even though my husband is Roman Catholic and a Cantor for OLQH, he became involved with Alpha, helping with choir and youth group, and I assisted with a regional Alpha conference in which I was the publicity chair and music leader. Linda Brown and I founded a prison and re-entry ministry "The Open Door, FBCO, Inc." I have previously served on the Vestry, taught Sunday school, served as interim choir director/organist, was on the organ as well as the liturgy and music committees. Currently, I am an active member of DOK, and of course the choir."

LECTIONARY READINGS

Find the Liturgical Calendar online at www.lectionarypage.net

	March 3 Lent 3	March 10 Lent 4	March 17 Lent 5	March 24 Palm Sunday	March 31 Easter
Year B	Exodus 20:1-17 1 Corinthians 1:18-25 John 2:13-22 Psalm 19	Numbers 21:4-9 Ephesians 2:1-10 John 3:14-21 Psalm 107:1-3, 17-22	Jeremiah 31:31-34 Hebrews 5:5-10 John 12:20-33 Psalm 51:1-13 or Psalm 119:9-16	The Liturgy of the Palms Mark 11:1-11 or John 12:12-16 Psalm 118:1-2, 19-29 The Liturgy of the Word Isaiah 50:4-9a Philippians 2:5-11 Mark 15:1-39 Psalm 31:9-16	Acts 10:34-43 or Isaiah 25:6-9 1 Corinthians 15:1-11 or Acts 10:34-43 John 20:1-18 or Mark 16:1-8 Psalm 118:1-2, 14-24

MINISTRY SCHEDULE

8:00					
Lector LEM	Stephanie Mann Theresa George	Charles Harper Monet Brashear	Harriet Green Harris Rowzie	No 8am Service	Stephan Mann Harris Rowzie
10:30					
Lector LEM LEM	Charles Richardson Kandy Moreno Jeff Schweitzer	Sarah Brummett Matthew Lovejoy Jeff Schweitzer	Clara Heard Paul Burgess Colleen Fontenot	Charles Richardson Jeff Schweitzer Kandy Moreno	<i>TBD</i> Bill Shearman Colleen Fontenot
Altar Guild	Megan Rowzie - chair Leda Lofaso Wanda Alexander	Sara Bass - chair Kathy Tell Kandy Moreno	Monet Brashear - chair Stephanie Mann Patti Smith	Faye Cook - chair Kim Palermo Kathy Venable Tommie Schweitzer Kay Vanchiere	Wanda Alexander - chair Megan Rowzie Leda Lofaso
Wednesday Altar Guild	March 6 Cindy Crowe	March 13 Harriet Green	March 20 Colleen Fontenot	March 27 Cindy Crowe	
Breakfast Teams	Scramblers	Roosters	Biscuit Boys	No Breakfast	Pancakers

Cursillo #155 Accepting Applications

Cursillo has been a tradition in our diocese for decades. It is an opportunity to grow in faith and spirituality. Plus you can gain a deeper understanding of the teachings of Jesus and how to serve him.

The next Cursillo event will be held April 12-14 at The Wesley Center in Woodworth. **Applications are due March 25**, and space is limited.

[You can sign up by printing and filling this online application. Click here.](#)



March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 11 a.m. Graywood Verandah Noon—1:30 Canterbury	2
3 SERVICES 8 & 10:30 a.m. 9:30 a.m. Christian Ed	4	5	6 8 a.m. Men's Bible Study 9:30 a.m. Christian Ed Recap 10:30 a.m. HOLY EUCHARIST 5:30 Lent Series 6:30 p.m. Choir Practice	7	8 Noon—1:30 Canterbury	9
10 SERVICES 8 & 10:30 a.m. 9:30 a.m. Christian Ed Daylight saving time	11	12 Noon ECW 5:30 Vestry	13 8 a.m. Men's Bible Study 9:30 a.m. Christian Ed Recap 10:30 a.m. HOLY EUCHARIST 5:30 Lent Series 6:30 p.m. Choir Practice	14	15 11 a.m. Graywood Verandah Noon—1:30 Canterbury	16 10 a.m. OCC celebration
17 SERVICES 8 & 10:30 a.m. 9:30 a.m. Christian Ed St. Patrick's Day	18	19	20 8 a.m. Men's Bible Study 9:30 a.m. Christian Ed Recap 10:30 a.m. HOLY EUCHARIST 5:30 Lent Series 6:30 p.m. Choir Practice	21	22 Noon—1:30 Canterbury The Herald Deadline	23 10:30 a.m. Palm Cross Folding at Good Shepherd
24 9:30 a.m. Christian Ed PALM SUNDAY ONE SERVICE 10:30 a.m. with Children's Choir	25	26	27 8 a.m. Men's Bible Study 9:30 a.m. Christian Ed Recap 10:30 a.m. HOLY EUCHARIST 6:30 p.m. Choir Practice	28 MAUNDY THURSDAY 6 p.m. Service	29 GOOD FRIDAY & Stations Noon Service	30 EASTER VIGIL @ Holy Trinity Sulphur 7 p.m.
31 EASTER SERVICES 8 a.m. 10:30 a.m. with Children's Choir	April 1 OFFICE CLOSED	April 2				

St. Michael's Holy Week Services

Palm Sunday- March 25, 10:30 am

Maundy Thursday- March 28, 6:00 pm

Good Friday- March 29, Noon

Easter Vigil- March 30, 7:00 pm (at Holy Trinity in Sulphur)

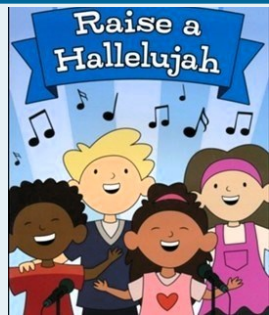
Easter Sunday- March 31, 8:00 & 10:30 am



St. Michael and All Angels
Episcopal Church
123. W. Sale Rd. Lake Charles



Therefore, if anyone is in Christ, he is a new creation.



CHILDREN'S CHOIR

We are preparing to sing at the Palm Sunday 10:30 service and the Easter 10:30 service.

Mrs. Camryn will take the children to rehearse during the sermon at the 10:30 service, and the children will return to their parents during announcements.

We hope your kiddos can join us to lift their voices in song and praise.



OUR MISSION IS TO:

WORSHIP, GROW, & GO

To **worship** God in the Anglican tradition.

To **grow** Christian disciples in community.

To **go** into the world in peace to love and serve.