



## St. Michael and All Angels Episcopal Church

123 W Sale Rd, Lake Charles LA 70605

Phone (337) 477-1881

Email [mail@stmichaelslc.com](mailto:mail@stmichaelslc.com)

Web [www.stmichaelslc.com](http://www.stmichaelslc.com)

Facebook [www.facebook.com/stmichaelslc](http://www.facebook.com/stmichaelslc)

### THE RECTOR'S REFLECTIONS



The Herald has returned. We will plan to have the Herald return to being a monthly publication again. This said, we are in need of someone who would like to help in this newsletter ministry by serving as creator and editor for the Herald. Please reach out to the church office if you are interested in helping in this way to set up a time to meet with me and Karen Richards.

The Herald is back just in time for the Lent season. Lent is, in part, a time of renewal. At the St. Michael's, we're going to adopt some new things both for the both duration of the season and after. We will be doing a Lenten Series called *The Ruthless Elimination of Hurry*. This series will explore the dangers of a hurried, overcommitted lifestyle and offer a path to a more peaceful, spiritually grounded way of living. It will take place in the parish hall every Wednesday evening from March 12-April 9. Come for a soup supper at 5 pm, and the sessions will go from 5:30-6:15 pm. We will also be having Stations of the Cross in the courtyard of the church at 11:30 am every Friday.

Starting March 9th (for Lent and after) St. Michael's will be offering a new opportunity for growth and fellowship on Sunday mornings for high schoolers, during the time from 9:30-10:15 am when our adult and children's ministries have their respective classes. I recently met with several of our members who are inspired and interested to help in leading this. This will be a time for high schoolers to check-in and have fellowship, faith-based conversation and activity, and to contemplate Scripture. This has been part of conversation between the myself and Children's Ministry leaders in our church to have a system in place for when many of our young members will reach that age. Many of our younger members are in the pre-teenage years of life, but we do have several high school age members currently and I highly encourage members of St. Michael's to make a collective effort to reach out to families in the congregation who may have high school aged people in their homes, or to high school aged people they know to encourage them.

### Worship Services

#### SUNDAY

#### Holy Eucharist

8:00 am & 10:30 am

#### For the Kids

#### Godly Play

9:15 am

#### Sunday Nursery

(newborn to Kindergarten)

7:45 am-11:45 am

#### WEDNESDAY

#### Holy Eucharist with Anointing

10:30 am

Chapel of the  
Risen Christ

#### Office Hours

9:00 am-2:00 pm

**Bishop**

**The Rt. Rev. Jacob Owensby**

Episcopal Diocese of Western Louisiana

**Rector**

The Rev. Andrew Christiansen

Paul Burgess, Seminarian

Harriet Green, Sr. Warden

Jeff Schweitzer, Jr. Warden

Avery Cook, Treasurer

Karen Richards, Rector's Assistant

Susan Arrington, Organist/Liturgist

Camryn Clements, Choir Director

Stasha Bell, Outreach Coordinator

Michelle Parsons, Sexton

Betsy Stoupy, Children's Ministry

Kathy Tell, Website

Faye Cook & Wanda Alexander,

Altar Guild Directors

**VESTRY**

**2025**

**Harriet Green**

**Jeff Schweitzer**

**Kathy Tell**

**Kay Vanchiere**

**2026**

**Nancy Cook**

**Colleen Fontenot**

**Matthew Lovejoy**

**Lisa Sober**

**2027**

**Kathy Carter**

**Noni Ewing-Shearman**

**Kath Venable**

The leaders of this ministry and I intend for this to be meaningful and worth coming to before church. It is absolutely vital that churches make an impact on their younger members, as we are up against a modern culture that competes, sometimes intentionally, with churches for young people's time. If you know a high schooler who would benefit from this, please encourage them to attend!

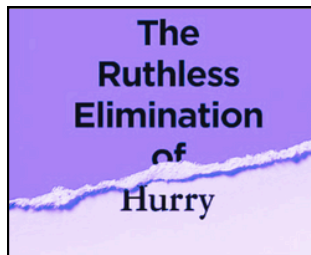
Additionally, please keep an eye out for upcoming news about Operation Christmas Child. Though the season of giving may seem far away, the work begins now. Please check out the list of needed items for donation. Your generosity in supporting this ministry helps spread the love of Christ to children around the world.

Looking ahead, I am excited to share that Sunday, April 6th, will be our Bring-a-Friend Sunday. This special day will feature an Instructional Eucharist, where instead of a sermon, we will worship together while learning more about the meaning behind the various elements of our liturgy. It's a time to slow down and appreciate why we do what we do in our worship. This is a fantastic opportunity to invite friends, family, or neighbors who may be curious about our worship and faith. I hope you will take advantage of this unique service to share the richness of our tradition with others.

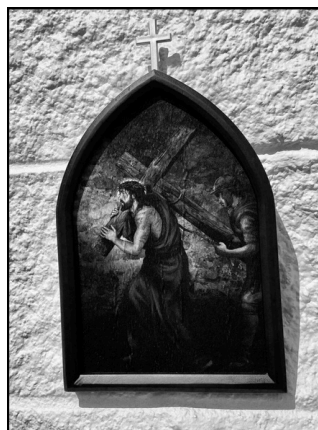
May this Lenten season be a time of renewal and grace for each of us. Let us journey together in faith, hope, and love.

Blessings,  
Fr. Drew

**About our Lenten Series**



Come to St. Michael's on Wednesday evenings, March 12th-April 9th, for a series that looks at ways that Jesus offers us a new rhythm of life, based on the book *Ruthless Elimination of Hurry* by John Mark Comer (reading the book is optional but not required for our sessions). Each Wednesday we will gather in the Parish Hall for a soup supper at 5 pm and start our session at 5:30.



**Stations of the Cross**

**Every Friday in Lent**

**11:30 am in the Parish Courtyard**

The Stations of the Cross traces back to the days of early church, where Christians would visit Jerusalem and retrace the steps our Lord took from his trial to his crucifixion. Today, it is a Lenten devotion in many Episcopal churches. Come join us at St. Michael's as we mark our journey through Lent each Friday with this special devotion.



## Episcopal Church Women (ECW)

### Events in March

The March ECW will take place on Tuesday, March 11 at 11:45 am in the Parish Hall. All women of the Episcopal Church are welcome. This will be a brown bag lunch (with dessert provided by our March hosesses Susan Adroin and Tommie Schweitzer). Our guest speaker is Kate Roane-Bergstedt from France FitzGerald.

Royia Bell would like to vacate her position as Treasurer of ECW. Anyone who is interested in this position, please contact Sara Bass.



### Faith Team Leaders

Thank you Theresa George and Kathy Carter for being Faith Team leaders for January and February, and Nancy Cook, Karen Richards, and Lisa Sober for being Faith Team leaders for March and April.



## HERALD CREATOR NEEDED

Our monthly newsletter the Herald is a true ministry, keeping the congregation informed and connected about their church family and serving as a source for encouragement.

To continue this ministry, we are looking for a volunteer who would to help create and edit the Herald. If you have a heart for communication and a knack for design, please be in touch with Fr. Drew and Karen Richards.

Christian Fellowship and Ed  
For High Schoolers

Sundays, 9:30 am  
in the "Old Youth Room" (back  
hallway).



ST. MICHAEL & ALL ANGELS  
EPISCOPAL CHURCH

COME FOR FELLOWSHIP,  
FUN, CONVERSATION,  
AND MINI-DIVES INTO  
SCRIPTURE EACH  
SUNDAY!

**Adult Christian Ed. Schedule for March**

Sundays, 9:30 am in Church Library  
(with repeats on Thursday, 9:30 am)

March 2- Lessons from Bonhoeffer

March 9- Lessons from Bonhoeffer

March 16- \*no adult Christian Ed.

March 23- Anglicans & Eucharistic Theology

March 30- \*no adult Christian Ed.

An advertisement for Lay Eucharistic Minister or Acolyte training. It features a central white cross on a dark blue background. To the left is a circular inset showing a person in white vestments holding a golden chalice. To the right is another circular inset showing a black Bible with gold lettering on a wooden stand. Below the cross, text reads: "INTERESTED IN BECOMING A LAY EUCHARISTIC MINISTER OR ACOLYTE AT ST. MICHAEL'S? SIGN UP FOR TRAINING WITH THE OFFICE TRAINING WILL TAKE PLACE SUNDAY APRIL 6 AT 9:30 AM IN THE CHURCH SANCTUARY. ALL CURRENT LEMS & ACOLYTES TO ATTEND".

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LAY EUCHARISTIC MINISTER OR ACOLYTE AT  
ST. MICHAEL'S?  
SIGN UP FOR TRAINING WITH THE OFFICE  
TRAINING WILL TAKE PLACE SUNDAY APRIL 6 AT 9:30 AM IN THE  
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ALL CURRENT LEMS & ACOLYTES TO ATTEND

In addition to those interested in becoming a LEM or acolyte,  
we ask **all current LEMs and acolytes** to also attend this  
training.

**MARCH  
BIRTHDAYS**

- 2 Kathy Miller
- 3 Susan Arrington
- 14 Carole LeBlanc  
Stasha Bell  
Sylvia Owen
- 18 Savannah Potter
- 21 Garrett Carter  
Hannah Sober  
Kandy Moreno
- 22 Catharine Parrino
- 24 Kate Roan-  
Bergstedt
- 25 Tore Carlberg
- 27 Jaqueline Taylor
- 28 Tara Parsons




# ANNUAL MEETING





St. Michael and All Angels' Annual Meeting took place on January 26, 2025. To celebrate our 70th annual meeting of the parish, we wore 70s-era clothing. We welcomed three new members (Kathy Carter, Noni Ewing-Shearman, and Kathy Venable) onto the Vestry and thanked outgoing Vestry members (Heather Guidry, Stasha Bell, Charlie Adkins, and Randy Venable). We also recognized Harriet Green as our incoming Senior Warden, Charlie Adkins as our outgoing Senior Warden, and Kathy Tell for ten years of service in creating and editing the Herald.






## Operation Christmas Child



This month for Operation Christmas Child we kindly request toys for kids aged 2-4 years so we can pack our boxes at Vacation Bible School.

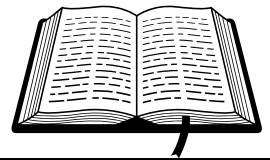



Coloring books  
Jumbo crayons  
Dolls  
Cars & trucks  
4" solid rubber balls  
Shoes

## Lectionary Readings

(Find the Liturgical calendar at [www.lectionarypage.net](http://www.lectionarypage.net))



	<b>March 2 Last Sunday After Epiphany</b>	<b>March 5 Ash Wednesday</b>	<b>March 9 Lent I</b>	<b>March 16 Lent II</b>	<b>March 23 Lent III</b>	<b>March 30 Lent IV</b>
<b>Lessons</b>	Exodus 34:29-35 Psalm 99 2nd Corinthians 3:12-4:2 Luke 9:28-36	Joel 2:1-2, 12-17 Psalm 103:8-14 2nd Corinthians 5:20b-6:10 Matthew 6:1-6, 16-21	Deuteronomy 26:1-11 Psalm 91:1-2, 9-16 Romans 10:8-13 Luke 4:1-13	Genesis 15:1-12, 17-18 Psalm 27 Philippians 3:17-4:1 Luke 13:31-35	Exodus 3:1-15 Psalm 63:1-8 1st Corinthians 10:1-13 Luke 13:1-9	Joshua 5:9-12 Psalm 32 2nd Corinthians 5:16-21 Luke 15:1-3, 11b-32

Going forward, schedules for Altar Guild, LEMs/lectors, acolytes, ushers and breakfast teams will be posted separately and not included in the Herald.



*In sure and certain hope of the resurrection to eternal life through our Lord Jesus Christ, we commend to Almighty God our brother Paul.*

**Paul Duane Kitt**

**1931-2025**

*Beloved husband, father, grandfather, airman, educator, and longtime member of St. Michael's*



## St. Michael's History Dossals

Dossals are ornamental cloths that hang behind altars. They are a form of church art that can beautify, educate, and remind; and, above all, glorify God. In the 1990's when St. Michael's was a still a smaller, A-line church, a set of dossals was created by an artist parishioner Caroline Piel. Once the church was reconfigured, in 2001, we no longer had a brick wall behind the altar on which to display them, and one or two suffered hurricane damage. We are now hanging them on the back wall of the sanctuary.



On the green dossal (pictured left) used during the seasons after Pentecost and after Epiphany (or, 'ordinary time'), the trinity is represented by *Borromeo rings*, which are three interconnected rings that cannot be separated. The association of the trinity with three entwined rings goes back to early church fathers like St. Athanasius and St. Augustine who used the symbol to illustrate how the trinity can be three eternal distinct persons who are nevertheless unified in one substance ("of one being"). The symbolism of the violet dossal (pictured right), used during Lent and Advent, is that of a dove (of which the Holy Spirit takes the form of) descending to the earth. The palms were the Israelite symbol for victory and hope. How fitting for them to be laid at Jesus' feet as he went to enter Jerusalem to have victory over sin and death once a for all. And also how fitting for the blowing of ram's horns, another tradition of ancient Israel that called people to assemble, battle, or celebrate, being blown on that day as well.

# 2025



# March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>HOLY EUCHARIST SERVICES ARE 8 AM &amp; 10:30 AM EVERY SUNDAY UNLESS OTHERWISE NOTED</b>			<i>Wednesday Evening Women's Bible Study will be off during all of Lent</i>			<b>1</b> <b>OCC Area Gathering- 10 am- 1 pm in Parish Hall</b>
<b>2</b> Breakfast- 9 am Godly Play- 9:15 am Adult Christian Ed- 9:30 am H.S. Fellowship- 9:30 am	<b>3</b>	<b>4</b> Shrove Tuesday Supper (starts at 5 pm)	<b>5</b> *No 10:30 am Eucharist Service Men's Bible Study 8 am Ash Wednesday Services 12 pm & 6 pm Choir 7.8pm	<b>6</b> Adult Christian Ed Recap 9:30 am	<b>7</b> Verandah Eucharist- 11 am (Convocational) Stations of Cross in courtyard- 11:30 am Canterbury Lunch 12pm	<b>8</b>
<b>9</b> Breakfast- 9 am Godly Play- 9:15 am Adult Christian Ed- 9:30 am H.S. Fellowship- 9:30 am <b>DOK- After Church</b>	<b>10</b>	<b>11</b> <b>ECW 11:45 am</b> <b>Vestry 6 pm</b>	<b>12</b> Men's Bible Study 8 am Holy Eucharist 10:30 am Soup Supper 5 pm Lenten Series 5:30 pm Choir 6:30 pm	<b>13</b> Adult Christian Ed Recap 9:30 am	<b>14</b> Stations of Cross in courtyard- 11:30 am Canterbury Lunch 12pm	<b>15</b>
<b>16</b> Breakfast- 9 am Godly Play- 9:15 am No Adult Christian Ed H.S. Fellowship- 9:30 am <b>Historical Committee Meeting- 9:30 am</b>	<b>17</b>	<b>18</b> <b>Admin Meeting- 12 pm</b>	<b>19</b> Men's Bible Study 8 am Holy Eucharist 10:30 am Soup Supper 5 pm Lenten Series 5:30 pm Choir 6:30 pm	<b>20</b> No Adult Christian Ed Recap	<b>21</b> Verandah Eucharist- 11 am (Convocational) Stations of Cross in courtyard- 11:30 am Canterbury Lunch 12pm	<b>22</b>
<b>23</b> Breakfast- 9 am Godly Play- 9:15 am Adult Christian Ed- 9:30 am H.S. Fellowship- 9:30 am	<b>24</b>	<b>25</b>	<b>26</b> Men's Bible Study 8 am Holy Eucharist 10:30 am Soup Supper 5 pm Lenten Series 5:30 pm Choir 6:30 pm	<b>27</b> Adult Christian Ed Recap 9:30 am	<b>28</b> Stations of Cross in courtyard- 11:30 am Canterbury Lunch 12pm	<b>29</b>
<b>30</b> *Morning Prayer 8 & 10:30 am Breakfast 9 am Godly Play 9:15 am No Adult Christian Ed H.S. Fellowship 9:30 am	<b>31</b>					

SHROVE TUESDAY  
MARCH 4  
5PM  
PARISH HALL

JOIN US FOR PANCAKES & KING CAKE

*Ash Wednesday*

MARCH 5  
12 PM & 6 PM

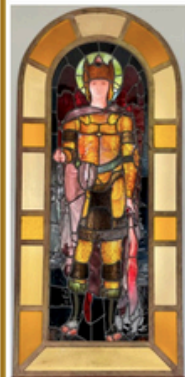
FOR YOU ARE DUST, AND TO DUST YOU SHALL RETURN. GENESIS 3:19

HOLY WEEK SERVICES

- Palm Sunday | 10:30am
- Maundy Thursday | 6pm
- Good Friday | 12pm
- Holy Saturday | Convocational
- Easter Vigil | 6pm
- Easter Sunday | 8:00am & 10:30am

\*all services are at St. Michael's.\*





## **OUR MISSION IS TO:**

### **WORSHIP, GROW, & GO**

- To **worship** God in the Anglican tradition.
- To **grow** Christian disciples in community.
- To **go** into the world in peace to love and serve.