



St. Michael and All Angels Episcopal Church

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The Rector's Reflections

On the window sill above our kitchen sink we have two oyster shells. It has been our family's tradition, that during this time of year after Epiphany and before Lent, we display the plastic babies found in the king cakes we consume. Most folks might not display the evidence of their gluttony so visibly but our fondness for those sweet treats in all their varieties of doughy goodness are undeniable.

There is a great deal of Christian symbolism in the celebrations we enjoy in the time after Epiphany and before Lent. Take the King Cake for example. King Cakes are oval shaped just like the crown of a king. The crown reminds us of the three kings, or magi, who searched for the Christ child. The crown also reminds us of the King of kings, Jesus. Each cake is decorated in Mardi Gras colors - purple representing justice, green representing faith, and gold representing power. A small baby, symbolizing the baby Jesus, is typically hidden inside each King Cake. Like the wise men, we search for baby Jesus in every bite we take.



Have I justified your consumption of King Cake, yet?

Christmas has come and gone just like your best New Year's resolutions. Now we find ourselves in that season after Epiphany before Lent.

I pray that you find Jesus, not just symbolically in plastic king cake babies, but in the real experiences of your everyday life. May we seek and find Christ in the eyes of others. May we seek and find Christ in the community we share with one another. May we seek and find Christ both in and outside our church. May others find Jesus in our actions.

Blessings, Godspeed, and Happy Mardi Gras!

Fr. Seth

The Herald

February 2022

SERVICE SCHEDULE

SUNDAY

Holy Eucharist

8:00 a.m.

10:30 a.m.

Masks are encouraged

Adult Formation

9:30 a.m.

WEDNESDAY

Holy Eucharist

Noon

Chapel of the
Risen Christ

FOR THE KIDS

Sunday Nursery

(newborn to kindergarten)

7:45 – 11:30 a.m.

Godly Play

(K - 8th grade)

9:15 – 10:15 a.m.

Birthdays of the Month

- 1 Margot Alford
- 2 Sarah Brummett
Dr. Rawleigh Fisher
- 3 Eliza Rose Cannon
- 4 Marianne White
Annie Goodwin
Callie Blackledge
- 6 Mary Brooks Donald
- 7 Jackie Digiglia
Erin-Beth Carter
- 9 Mae Donald
Leda Lofaso
- 10 Susie Leneck
Sarah Bondurant
- 11 Carmen Anderson
- 14 Toni Rose Cannon
- 15 Sarah Fisher
- 17 Bill Shearman
- 21 Linda Smith
- 22 Jim Vanchiere
Lorelei Clawson
- 24 Hannah Williams
- 27 Paul White
- 28 Thomas Ford

*May God Almighty bless
you with a life full of
joy and happiness.*

Happy Birthday!

GRIEFSHARE

GriefShare Grief Recovery groups restarted again on Thursday, January 6, 2022, at Saint Paul Lutheran Church, 1620 E. Prien Lake Road, Lake Charles. This is our 12th year facilitating these groups.

GriefShare is an international, non-denominational recovery ministry which is Christian and Scriptural. **The groups last for 13 weeks, but each session is independent, so persons can join at any time and get something out of this excellent material.** We encourage people to seek the support of their own churches, but GriefShare groups allow them a safe place to express and ask questions about their grief. Often grieving people are encouraged to put on a strong front for family and others, when they just truly need to get their grief out, without being soothed or hurried. About 20% of all widows and widowers get "stuck" in their grief, and never get past their loss. They never move on to the full life God wants them to have.

We are charging \$10 for the class which partially covers the cost of the workbook, but if cost is a problem there are scholarships available. You may contact Rev. Tim Norris at Saint Paul Lutheran Church, 337-477-2023, or me at 337-309-0651 for more information or with questions.

Rev. Robin Norris, GriefShare Facilitator, 337-309-0651

LITTLE FREE PANTRY has been rebuilt and installed and is ready for business. We can begin stocking it now! Thank you to the Happy Hour Rotary Club and to the Junior League for this vital partnership.



The Little Free Pantry helps those who are dealing with food insecurity. **The motto of the Little Free Pantry is "take what you need, leave what you can."**

GODLY PLAY workshop was held Saturday, January 29 at St. Michael's. Godly Play trainer, **Ashley Bond** from Trinity Episcopal Church in New Orleans was the workshop leader.

Participants included **Amy Donald, Ashley Lovejoy, Lori Hale, Alicia Parsons, Toni Cannon, Melissa Alford, Susan Blake, and Father Paul White.**

Godly Play is our children's Sunday school program for kids ages 5-12. If you are interested in helping with Godly Play, please contact the church office or Amy Donald.



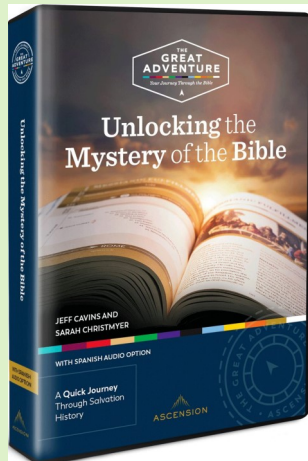
2022 Stewardship Update

We have received **69 pledges with a goal of 90.**
Please return your pledge as soon as possible!
Email Christy regarding your pledge
at: mail@stmichaelslc.com.

CANTERBURY HOUSE CHAPLAIN

Congratulations to Paul Burgess in his new role as Chaplain for St. Michael's Canterbury Ministry.

ADULT FORMATION continues through February 27.



Unlocking the Mystery of the Bible helps you get the “big picture” by showing how fourteen narrative books of the Bible tell the complete story from Adam and Eve to Christ and the Church.

Presenter Jeff Cavins shows you how to read the Bible so that you can actually understand it. Aided by the unique color-coded Bible Timeline® Chart, which arranges the key people, places, and events of Scripture in chronological order,

Unlocking the Mystery of the Bible will help you discover the story of salvation history and understand how you fit into God's plan.

This seven-session study program includes video presentations that explore all twelve time periods of The Bible Timeline Chart.

Create a LASTING LEGACY through PLANNED GIVING

A **BEQUEST** is a gift made through your will or trust. **GIFT OPTIONS** of cash, securities and property can provide tax and income benefits.

Please consider these popular and flexible ways of supporting St. Michael's mission.

Contact St. Michael's and let us help you tailor your charitable gift to your financial, tax or estate planning objectives.

The Herald is a monthly publication of St. Michael and All Angels Episcopal Church. **All materials are subject to editing.**

Submit articles to [kathytell7\(at\)gmail.com](mailto:kathytell7(at)gmail.com)

NEWSLETTER DEADLINE is Monday, February 21

BISHOP

The Rt. Rev. Jacob Owensby
Episcopal Diocese of Western Louisiana

RECTOR

The Rev. D. Seth Donald

Paul Burgess, Canterbury House Chaplain

David Ritchie, Sr. Warden

Larry Bell, Jr. Warden

Avery Cook, Jr., Treasurer

Christy Scroggins, Admin Assistant

Susan Arrington, Pianist

Lisa Sober, Soloist

Heather Ritchie, Violinist

David Ritchie, Videographer

Amy Donald, Children's Ministry

Donna Self, Website

Kathy Tell, The Herald

Cindy Crowe and Patti Smith, Altar Guild

VESTRY

2022

Ken Smith

Dr. Martha Briley

Powell Smith

2023

King Alexander

Alicia Williams

Betsy Stoupy

Matt George

2024

Heather Guidry

Stasha Bell

Charlie Adkins

Randy Venable

Meet St. Michael's 2022 - 24 Vestry & Delegates to the 2022 Diocesan Convention



Charlie Adkins is a cradle Episcopalian who first came to St. Michaels in 1969 to participate in the St. Michaels' Youth Group Program. He was married at St. Michaels to a fellow parishioner, Jackie Henry. They have two grown children and four grandchildren. Charlie and Jackie have tried to be active in the Episcopal Church serving as Camp Hardtner Summer Counselors, Youth Group Director, Choir Members, Sunday School Teachers, previous Vestry Memberships, Lay Eucharistic Ministers, Rector Calling Committees, and service on Diocesan Boards, Diocesan Conventions, and Diocesan events. Charlie is a retired educator and Jackie is a retired church Administrative Assistant.



Heather Guidry received her bachelor's degree in Nursing from McNeese in 2007. She is the Director of Nursing for Direct Care Inc., a non-profit agency serving autistic adults. She enjoys teaching Godly Play, and participating in ECW activities at St. Michael's. Growing up in Houma, Heather attended St. Matthew's Episcopal Church and School. She moved to Lake Charles in 2004. She enjoys time with her husband Seth and children Mary Louise (12), David (12), Madeleine (10) and Everett (9) as well as cooking, competitive swimming and running, reading and practicing yoga.



Stasha Bell has lived in Lake Charles most of her life and has been a member of St. Michaels since the early 1980's. She is a graduate of LaGrange High School and The University of Louisiana in Lafayette with a BS degree in Health Information Management. Stasha is currently on the Leadership Team at CHRISTUS Ochsner Health serving as the Director of Health Information for the region. Stasha is blessed to be the mother of 2 boys, her son Reece Savoie, who is now a Sophomore at Barbe High School after attending many years at St Margaret's Catholic school along with his brother, Quinten. Quinten, forever 11, left to stay with Jesus in 2018. Stasha feels fortunate to be the daughter of Larry and Royia Bell, long time parishioners of St. Michael's. Her family's strong faith has strengthened them through the good times and the tough times.



Randy Venable grew up in Sulphur and moved to Lake Charles in 2001 when he married Kathy and became a member of St. Michaels. He is a graduate of Sulphur High and McNeese State University with a BS in Marketing and an Associates in Liberal Arts. He has been a Real Estate Agent for the past 13 years and previously worked in commercial HVAC and industrial refrigeration sales. He participated on the men's breakfast team cooking the sausage and French toast. He previously served on the Vestry during Father Peter's leadership and he looks forward to working with Father Seth and the current and new Vestry members.

MEMORIALS

In memory of Dr. Elwyn Cavin by Kenneth Wimberly



OPERATION CHRISTMAS CHILD

A New Year... and a New Beginning... for our St. Michael & All Angels OCC Ministry. We are tweaking a few things in the project this year, in order to allow more families and individuals to participate in the activities and fun throughout the year. We hope you will joyfully join us as you can. Thank You again for the support and enthusiasm given in 2021. Our first workshop is Tuesday, Feb. 15, 12:30-3pm in the Parish Hall. Join us all/part of this time to prep, organize, and pray for OCC. On March 5, Saturday, 10 -12 Noon, we invite all ages to join us for an OCC parish workshop. We will make a few crafts for Shoeboxes, etc. If you have an idea, please contact us soon. We'll have a light lunch to end the morning. Back by popular demand: The "Annual" Palm Sunday plant sale will return on April 10. Please be preparing your plants and plans soon!

Each month, we suggest a donation item to be placed in the box by the OCC bulletin board in the parish hall. February's item is stuffed animals; we put stuffed animals in many of our shoeboxes, 700 this year, so let's fill that box to overflowing!!! Many stores put Valentine ones on clearance Feb. 15, and the Dollar Stores usually have cute ones every day! Although we request specific items each month, any appropriate item can be donated anytime. We appreciate your generosity in past years and get excited when we see "what's in the box"!!! Happy Shopping and God Bless!!!

May the joy of the Lord be our strength!!!

Clara and George Heard C 337-529-6607 G 337-529-6606

NEW PRAYER GATHERING

Beginning Wednesday, February 2, there will be a new opportunity to gather for informal prayer at St. Michael's. Anyone may join us to pray for St. Michael's Parish and People, every Wednesday at 10:30 a.m. for about an hour. Please consider joining us for this time of Praise, Thanksgiving, and Intercession.

Make a Donation

The church relies on your generosity for hurricane recovery and for continued operating needs.

You can make a donation to St. Michael & All Angels Episcopal Church online at stmichaelslc.com/donate.html



Scan. Pay. Go.

PAYPAL

Scan the QR code to give your donations through PayPal.

You will need to have or create a PayPal account.

Please ensure it is going to St. Michael's.

THE Episcopal CHURCH



ASH WEDNESDAY

MARCH 2, 2022

Services
Noon & 5:30 pm

LECTIONARY READINGS

Find the Liturgical Calendar online at www.lectionarypage.net

Sunday Bulletins can be found on our website at <https://www.stmichaelslc.com/service-times.html>

	February 6 5 Epiphany	February 13 6 Epiphany	February 20 7 Epiphany	February 27 Last Sunday after Epiphany
READINGS Year C	Isaiah 6:1-8, [9-13] 1 Corinthians 15:1-11 Luke 5:1-11 Psalm 138	Jeremiah 17:5-10 1 Corinthians 15:12-20 Luke 6:17-26 Psalm 1	Genesis 45:3-11, 15 1 Corinthians 15:35-38,42-50 Luke 6:27-38 Psalm 37:1-12, 41-42	Exodus 34:29-35 2 Corinthians 3:12-4:2 Luke 9:28-36, [37-43a] Psalm 99

MINISTRY SCHEDULE

Check the Sunday Bulletin for any Changes in Schedules

8:00 Lector LEM	Alicia Williams ---	Theresa George Paul Burgess	Sara Bass Paul Burgess	--- Theresa George
10:30 Lector LEM LEM	Clara Heard Colleen Fontenot ---	Colleen Fontenot Martha Briley Laurie Riquelmy	--- Colleen Fontenot ---	Clara Heard Martha Briley Colleen Fontenot
Altar Guild	Monet Brashear Kathy Venable Marian Williams	Leda Lofaso Kay Vanchiere Megan Rowzie	Wanda Alexander Kathy Tell Kandy Moreno	Tommie Schweitzer Frances Jeffords Faye Cook

SAINT MICHAEL'S BANNER



St. Michael's new banner has four quadrants.

The upper left bears the seal of the Diocese of Western Louisiana, the upper right is the shield of the Episcopal Church, the lower left is the Compass Rose of the Anglican Communion, and the lower right quadrant is a depiction of St Michael's Bell Tower.

February 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 8 a.m. Men's Bible Study 10:30 a.m. OCC prayer 12 PM HOLY EUCHARIST 6:30 p.m. Choir Practice	3	4 11 a.m. Graywood Veranda (Holy Euch.)	5
6 Services 8 & 10:30 a.m. 9:15 a.m. Godly Play 9:30 a.m. Adult Formation	7	8 5:30 p.m. Vestry	9 8 a.m. Men's Bible Study 10:30 a.m. OCC prayer 12 PM HOLY EUCHARIST 6:30 p.m. Choir Practice	10	11	12
13 Services 8 & 10:30 a.m. 9:15 a.m. Godly Play 9:30 a.m. Adult Formation	14 <i>Valentine's Day</i>	15 12:30 p.m. OCC workshop	16 8 a.m. Men's Bible Study 10:30 a.m. OCC prayer 12 PM HOLY EUCHARIST 6:30 p.m. Choir Practice	17	18	19
20 Services 8 & 10:30 a.m. 9:15 a.m. Godly Play 9:30 a.m. Adult Formation	21 <i>The Herald</i> Deadline	22	23 8 a.m. Men's Bible Study 10:30 a.m. OCC prayer 12 PM HOLY EUCHARIST 6:30 p.m. Choir Practice	24	25	26
27 Services 8 & 10:30 a.m. 9:15 a.m. Godly Play 9:30 a.m. Adult Formation	28	March 1 Shrove Tuesday <i>Mardi Gras</i>	March 2 Ash Wednesday			



EPISCOPAL CHURCH WOMEN

ECW would like to resume meetings in March. **We are in need of a President!** Please contact Christy in the office or Colleen (colleen.fontenot@yahoo.com) (337-302-5161) if you would be interested.

St. Michael and All Angels Episcopal Church

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LAKE CHARLES LA 70605

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Lake Charles, LA 70605

United Way of Southwest Louisiana, the City of Lake Charles, Calcasieu Parish Police Jury and St. Michael & All Angels Episcopal Church provided 623 local residents with shelter the weekend of January 21.

“We were overwhelmed with applications in a 24 hour period,” explains Denise Durel, president and CEO for United Way of Southwest Louisiana. “We received 672 requests and a majority of them are local families still living in poor conditions following Hurricane Laura.”

Thank You

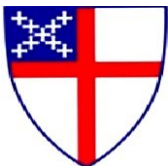


“St. Michael’s called after seeing what we were trying to do and offered to join us,” says Durel. “Our team of caseworkers quickly got to work filling more rooms once we located them. It was a moving experience for all of us.”

St. Michael and All Angels Episcopal Church
for your donation!



If you would like to donate to help provide hotel rooms for hurricane victims and the homeless, text WINTER to 40403 or visit united-wayswla.org/winter.



OUR MISSION IS TO:
WORSHIP, GROW, & GO

To **worship** God in the Anglican tradition.
To **grow** Christian disciples in community.
To **go** into the world in peace to love and serve.